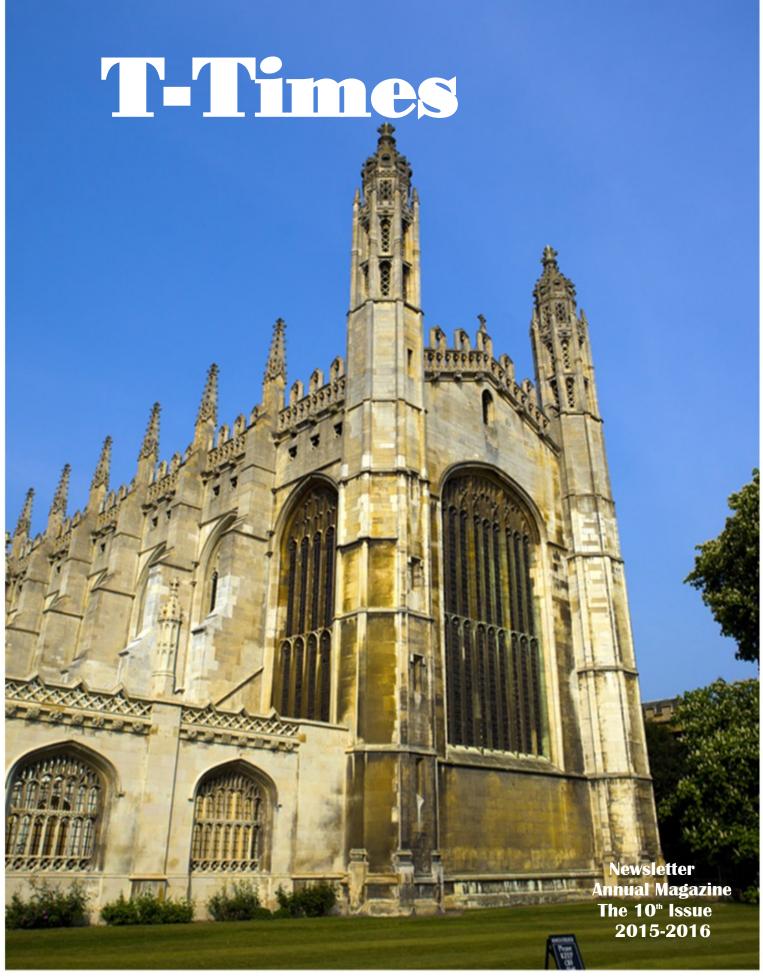
# SIT-Telfort Business Institute



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Editor编辑: Zoe Hong Class: DA201402 Advisor顾问: Wendy Zhang; Coopar Gong Cover Design封面设计: Zoe Hong Class: DA201402 Sponsor主办方: 泰尔弗学生会 Telfort Student Union

# 教务长寄语

#### DIRECTIONS WELCOME

During the past 16 years Telfort has witnessed many changes in the approach and methodology used in education. In accordance with the demands placed upon it. Telfort has made enormous strides in ensuring that the students are guaranteed an education which will prepare themselves for the increasing demands of today's business environment. Recently Telfort signed an agreement with the Disaster Recovery Institute (DRI) based in New York with an office in Beijing. After obtaining their Telfort Business Continuity Management (BCM) certificate we can now offer our students the opportunity to take the DRI examination. By doing so the students will leave Telfort academically and professionally qualified, very few schools if any in China offer this opportunity

As can be seen Telfort has taken up the ever changing challenges of education in ensuring that the students have a relaxed but serious approach to their studies. The teaching staff at Telfort is carefully selected thereby ensuring that the high objectives in education are met. To this end many of our teachers are recruited from universities in the US, UK and other European and far Eastern countries. The students will find that Telfort has a very active student union and will find opportunities to show their performing talents on the stage and sports field at various times through the year.

Telfort is equipping its students with the knowledge and confidence that will enable them to take up the challenge for their chosen path whether that is in China or overseas at one of the Telfort recommended universities in the UK, USA, Australia and New Zealand.

Michael Howbrook Educaton Director of Telfort



荣获2015年度上海市政府"白玉兰纪念奖" Get the Shanghai Magnolia Award of year 2015

受邀参加2015年上海市政协"两会"开幕式 Join the Chinese People's Political Consultative Conference opening ceremony of year 2015

# 教学感想 IMPRESSIONS



The word "knowledge," according to Merriam-Webster's Dictionary can be defined as: "the fact or condition of knowing something with familiarity gained through experience or association: acquaintance with or understanding of a science, art, or technique." Henceforth, the main point of an education is for the student to acquire, through hard-work and experiences, more knowledge about a particular discipline. This in turn aids in preparing the accomplished student to be a better individual and have a better life.

At Telfort Business Institute we have been working to increase the amount of knowledge students retain and quality of knowledge that they receive. We are still in need of further improvements, as all organizations are, but the point I would like to stress to you is that we have made and are making progress.

The Pre-Masters Program (PMP) at Telfort, Shanghai has seen improvements this past year. Namely, in the form of further curriculum and content development, improved assessment means, possible additional other benefits for students, and finally we are tailoring the program and program schedule to better serve teachers and students alike!

I would like to stress to you my personal commitment to sustain what we have already achieved and to continuously help improve the quality of education for our students.

Jared Weber PMP Director

# 教师合影 OUR TEACHERS





#### PERSONAL COMMENTS





I have learned so much during my time at Telfort. It has been a constructive and inspiring experience, and has helped me shape and determine the course which my professional life is beginning to take. Telfort has allowed me to meet so many wonderful people, many of whom I have taught, and some that have taught me important lessons that will stay with me no matter what I go on to do next. Telfort has a mission to deliver quality education that I have really felt a part of over the past year. It has been an honor.

Ethan John Edholm

This year at Telfort Shanghai has been a tremendous learning opportunity; I will carry the experiences I've had here with me forever. In a relatively short period of time, I've made a lifetime of memories and friends that I will never forget, and I am truly thankful to have been given this opportunity.

Jennifer Marie Brown





Coming to China was one of the best decisions that I have ever made. Working at Telfort Business Institute has offered me a great deal of experience. Through my employment at Telfort, I have been able to learn so much about myself and my students. The administration at Telfort has always been willing to help teachers anytime they have needed assistance. My students make my work enjoyable and I have enjoyed teaching them about America and its culture. The best part has been preparing my students to go abroad and I am glad to have been part of their educational experience.

Evelyn Hernandez

Hello everyone, my name is Cathy, a teacher here in Telfort Business Institute.

It's been an exciting and quite rewarding experience becuase I'm doing what I love and I love what I'm doing.

I ve been teaching students mainly English grammar and vocabulary and I do have learnt a lot from my students as well.

Working with well-educated and professional foreign teachers and native colleagues benefits me a great deal indeed.

Telfort has been presuing higher levels of education since the very first day it strated and has obtained great progress.

You will find yourself in a brand-new environment, providing you with more opportunities of learning and activities.



Cathy Ding

### 有感而发



I'm sunny-a chinese teacher of Telfort. I am responsible for teaching grammar and writing. Teaching at Telfort is one of the most wonderful moments in my life. The teacher team is like a big family that is the combination of west culture and east one. The faculty and staff at Telfort are helpful and warm-hearted. All the days spent together is unforgettable. I appreciate for the time here because I'm experiencing a new phrase of life with so many unknown things.

Hi students, welcome to Telfort. Campus life will be colorful with various students' activities, but be stressful as well. As university life unfolds itself gradually, you must embark on a journey of seeking your own identity and learning how to become knowledgeable and independent.

Sunny Dong

It's been a pleasure to work at the Telfort Business Institute in Shanghai. I have been impressed by the quality of the students, faculty, and administration and their combined desire to provide and achieve a high standard of English and Business knowledge and proficiency. While I was not a teacher by trade, it has been a great experience to teach a range of both English and Business courses and to see my students engage and comprehend the topics we've covered. I am happy to be returning for a second year and look forward to tracking the continued progression of all the Telfort students.



**Brad Bahl** 



My time here at Telfort has been quite the adventure. There have been days where I thought I couldn't get out of bed or have the energy to teach, but the staff and students gave me a reason and a purpose to be here which gave me the strength to persevere. Everyone at Telfort has been a great and positive influence during my time here and gave me great insight on how to be a better teacher and also a great leader. While I may be known to my students as "the teacher who gives too much homework", I will never forget my students' bright faces when I would say "no homework today". To all the staff, faculty and students at Telfort, keep up the great work and never give up on your dreams!

Andi Grindle

### 热烈祝贺泰尔弗第一届团总支成立

Foundation of the First Telfort Youth League General Brunch

经上海应用技术大学团委批准,泰尔弗第一届团总支于2016年4月29日正式成立。 Approved by SIT Youth League Committee, the first Telfort Youth League General Brunch was officially founded on 29<sup>th</sup> April, 2016.

第一届泰尔弗团总支成员名单如下:

Members of Telfort Youth League General Brunch:

团总支书记:韩汤怡(教工)/General Secretary: Ivy Han (Staff)

团总支副书记: 梁思瑶 (学生) Deputy Secretary: Kero Liang (Student)

团总支委员: 张梦瑶 (学生) /Member: Maria Zhang(Student)

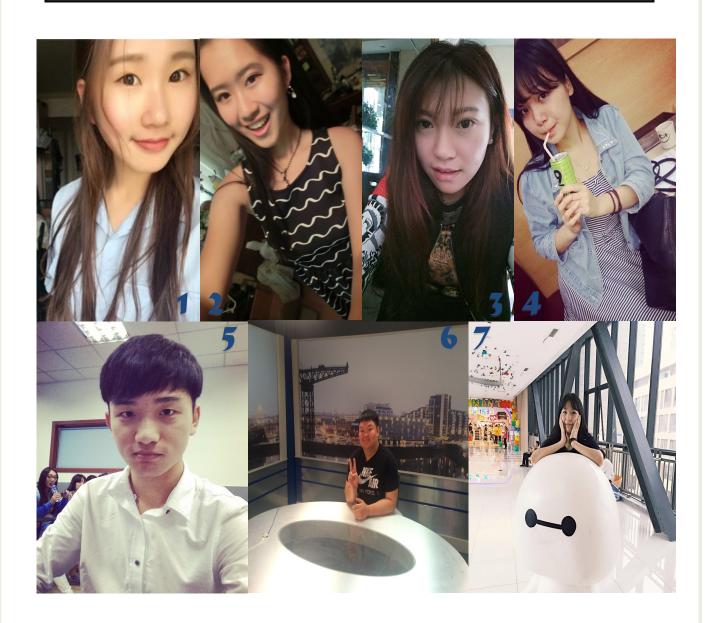
团总支委员:沈彦斌 (学生) Member: Thomas Shen(Student)

团总支委员:张阳扬 (学生) Jessie Zhang(Student)



左一: 张梦瑶 左二: 沈彦斌 中间: 梁思瑶 右二: 张阳扬 右一: 韩汤怡 As Following Sequence: Maria Zhang、Thomas Shen、Kero Liang、Jessie Zhang、Ivy Han

# 泰尔弗学生会 Student Union 2016



1.学生会主席:洪紫薇 President of Studen Union: Zoe Hong

3. 宣传部部长: 马倩茹 Minister of the Propaganda Dept. : Ada Ma

5.社团部部长: 蔡钧先 Minister of the Society Dept. : Mason Cai

7.秘书部长: 张阳扬 Secretary of the Studen Union: Jessie Zhang

2. 学生会副主席: 陈雅菲 Vice President of Studen Union: Faye Chen

4. 文艺部部长: 朱沈琪 Minister of the Art Dept.: Caroline Zhu

6.组织部部长: 叶诚

Minister of the Organization Dept. : Ryan Ye

大家好: 我是洪紫薇, 是泰尔弗学生会主席!

在担任学生会主席的两年时间里,我学到了很多受益匪浅,在此我想和大家分享一下 我在学生会工作中的点滴感受:

我们学生会目前是由文艺部、社团部、宣传部、组织部和秘书处组成,每个学期我们都会组织全校同学开展适合大家喜欢的各类活动,根据活动内容我们还会设立各个奖项以激发大家的参与和热情。例如:万圣节--这是西方世界的传统节日,我们每次活动前都要对活动进行策划,即要保持节日特色,又要有新的创意,"小恶魔"评选就是我们的活动创意之一。英语"卡拉OK",圣诞大型晚会暨交流演出,泰尔弗趣味运动节等都是我们

学生会的保留活动。举办活动不但可以丰富我们的课余生活而且可以促进我们共同做事的协作能力和思想感情。对于学生会工作我们之间有着严格的分工:文艺部负责活动的策划和实施,在担任学生会主席之前我曾是文艺部成员,所以对活动的策划我总是会积极投入其中,担任主席后虽然工作比较繁忙但感到很充实,每项活动结束后自己都会产生一定的满足感和自豪感。学生会还开设了厨艺社、篮球社、舞蹈社等各项活动,同学们可以根据自己的兴趣和爱好报名加入。宣传部主要负责对活动进行报导,学



校张贴的宣传海报都会及时反映活动的进展情况,每张海报总是别出心裁让人眼前一亮; 组织部及秘书处负责后勤保障工作,同时负责拍照和活动组织工作。

学生会是我们学生自己的组织,每一个同学都可以成为这个大家庭的组织成员之一。 如果你是一个充满热情,而且富有创造力和责任心的人,那么你就不要犹豫了,赶紧加入 到我们这个组织中来吧!

Hello everyone, I'm Zoe, the president of Telfort Student Union

For the past two years, I enjoyed being a member of the Student Union. And I'd like to share every details of our big family with you:

The Student Union is composed of Arts Department, Club Activity Department, Publicity Department, Organization Department and Secretary Department. We organize different kinds of activities in each semester, like "Demon Award" in Halloween, English Karaoke Competition, and Christmas Party, etc. Those activities not only enrich students' extracurricular experience, but also help to cultivate cooperative skills and improve fraternity of students. The function of every department is very clear. Arts Department is responsible for planning and organizing activities. As a former member of Arts Department, I felt a sense of achievement when every difficult task was done. Moreover, a sense of satisfaction and pride arose after the event we organized was a success. Club Activity Department is responsible for organizing club activities to enrich students' campus life. We have cooking club, basketball club, dancing club, etc. Students can join in any club that interests them. Publicity Department is responsible for making propagandizing posters for every activity. Every poster they created is unique and eye-catching. Secretary Department is responsible for logistic services including photos taking and arranging meetings.

The Student Union is the organization that organizes various activities in the free time to enrich our college life without interfering with our studying. If you are a creative and conscientious student, stop the hesitations and join us immediately.

洪紫薇 Zoe Hong

#### 泰尔弗第十三届英语文化节

## 2015年"万圣节游园会"精彩纷呈

泰尔弗第十三届英语文化节系列活动之一"万圣节游园会"于10月29日下午在学院教学楼举行。活动开始之前在学生会同学们的组织下已经将楼道按万圣节传统节日方式装饰一新。

随着游园活动开始的信号响起,近200名中外教师和学生通过自己精心设计和装扮的不同形象和人物纷纷进入到游园活动中来,尖叫声、欢笑声顿时响彻在整个楼道中,大家相互拥抱、相互拍照将活动热情推向高潮。

本次活动不仅保留同学们亲手雕刻的形状各异、精致美观的南瓜灯和各具节日特色万圣节鬼屋,同时还开发了新的创意活动"小恶魔"评选。

学院每年举办万圣节活动,不仅是让同学们了解西方传统节日的文化内涵,更重要的是让同学们感受这些文化活动带给自己的乐趣,尤其是通过同学们亲手制作的南瓜灯和装扮各类鬼怪人物造型等,以提供同学们释放自己的想象力和创造力。

本次活动共评选出万圣节"小恶魔"10名,他们分别是:吴绮文(Mandi)、房旨轩(Selina)、周振宇(Carlos)、郑雅妮(Echo)、黄慧诚(Tommy)、洪紫薇(Zoe)、单郁嘉(Vivian)、梁思飖(Kero)、应楚彬(Michelle)、张佳宁(Orihara Izasaki)













## The 13<sup>th</sup> Telfort English Cultural Festival

## Halloween Party 2015 Fun at Telfort

On the afternoon of October 29<sup>th</sup>, Halloween Party was thrown at the teaching building as part of the activities themed with "The 13th Telford English Culture Festival". Before the party, students arranged by the Student Union had already decorated the event venue appropriately to obey the traditional rules.

The crowds continued to grow in size and volume as soon as the party began. Approximately 200 teachers and students home and abroad came for party and dressed up in various characters. The party was crowned when they hugged and took photos with each other.

Besides, various pavilions were situated on site to exhibit delicate pumpkins carved by students in every size and shape and haunted houses with different features.

For Telfort, Running Halloween events every year can help students deepen their knowledge about western traditional cultures, as well as providing a stage on which students can enjoy themselves through the extracurricular activities they take part in. Just as what they did while carving pumpkins and dressing up to join this Halloween Party really gave them a chance to explore their capacity and relieve themselves from daily study stresses.

Eventually, the organizing committee awarded "Halloween Little Demon Award" to 10 participants listed as follow.

Wu Qi Wen (Mandi) Fang Zhi Xuan (Selina)

Zhou Zhen Yu (Carlos) Zheng Ya Ni (Echo)

Huang Hui Cheng (Tommy) Hong Zi Wei (Zoe)

Shan Yu Jia (Vivian) Liang Si Yao (Kero)

Yin Chu Bin (Michelle) Zhang Jia Ning (Orihara Izasaki)













#### 泰尔弗第十三届英语文化节

# "英语卡拉OK"大奖赛

2015年11月24日,泰尔弗第十三届英语文化节系列活动之一"英语卡拉OK"决赛在学院图文楼116会议厅举行。本届"英语卡拉OK"决赛选手是通过各班推荐的20名选手经过初赛、复赛最后由8位选手进入决赛。

在决赛过程中8位参赛选手各自都表现出自己最高的演唱水平,同时他们还用自己超 凡的舞台表现力为台下观赛同学带来了欢乐和享受。为了使比赛过程有更多的互动性和娱 乐性,赛事组织者还安排了抽奖环节,这不仅能缓解选手们紧张的情绪,同时让台上选手 和台下观众之间有更多的快乐和惊喜。

本次英语卡拉OK决赛由组委会专门请了五位外教组成评委,根据选手演唱水平、英语能力和舞台表现力进行综合评分,最后由吴绮文获得本届"英语卡拉OK"一等奖。



一等奖: 吴绮文 (201302班)



二等奖: 汪 韡 (201404班)



三等奖: 马思鸿、印雪祺 (PMP班)

# The 13<sup>th</sup> Telfort English Cultural Festival "English Karaoke" Competition

The final of the "English Karaoke" Competition, one of the activities of the 13<sup>th</sup> Telfort English Cultural Festival, was held in conference hall 116 of Tuwen Building on 24<sup>th</sup> November, 2015. The 20 competitors of this year's competition were recommended by their classes, and 8 of them were selected for the final through the first round and semi-finals.

The 8 finalists all performed with their highest levels in the final round, and at the same time, brought happiness and enjoyment to audience with their extraordinary stage performance. To make the competition more interactive and entertaining, a lucky draw was arranged by organizers to relieve the competitive tensions among the finalists, and also created opportunities for competitors to have more interactions with the audience.

The jury group for the final competition was composed of five foreign teachers who were invited by the organizing committee for the final. They graded the competitors in multiple aspects including their singing skills, English abilities and the content of performance. At the end of the competition, 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places were awarded to participants listed below.

First Prize: WU Qiwen (Mandi, Class201302)

Second Prize: WANG Wei (Bruce, Class 201404)

Third Prize: MA Sihong, Yin Xueqi (Jane, Class PMP, Vico, Class PMP),













#### 泰尔弗第十三届英语文化节

## 圣诞狂欢派对暨文化节闭幕式

2015年12月24日下午1:00,泰尔弗第十三届英语文化节闭幕式暨圣诞节联欢演出在悠扬欢快的乐曲声中拉开帷幕,伴着全场观众的热烈掌声和欢呼声,经本届文化节组委会精心组织编排的十六个节目陆续闪亮登场。

作为学院每年举办的大型文化活动,校学生会和教学管理 部是文化节的主要承办部门,从组织报名到活动策划、从宣传 设计到节目编排、从舞台效果到服装道具、从演出彩排到节目

评审, 大家都为之付出了辛苦和努力。

本届英语文化节各项活动除了保留以国际著名节日作为主题内容开展外,"卡拉OK"比赛和圣诞节演出节目都要求以英语为主要用语,同时要求所有演出节目都要以班级同学为创作和演出团体。



英语文化节从2015年10月20日至12月24日,在为期二个多月的时间里,共举行了适合学生兴趣和爱好的文化娱乐及赛事活动六项,参加活动的人数达到250余人,产生各类奖项34个,其中:英语"卡拉OK"比赛一、二、三等奖8名;万圣节变装派对"校园小恶魔"10名;圣诞联欢活动节目表演一、二、三等奖及参与奖16个,获奖学生人数达到100余人。

泰尔弗第十三届英语文化节已经降下帷幕,对于来自世界各国的外籍教师和同学们通过文化交流与艺术表演,不仅让大家共

同享受了欢乐的时光同时也增进了彼此的友情。期待明年再欢聚已经成为大家共同的心愿!









## The 13<sup>th</sup> Telfort English Culture Festival

## Christmas Party & the Closing Ceremony

At 1 p.m. on 24<sup>th</sup> December, 2015, the Closing Ceremony of the 13<sup>th</sup>Telfort English Culture Festival & Christmas Celebration officially started in the joyful music notes. Applause and cheers erupted from the whole audience off the stage when 16 performances elaborately choreographed by the organizing committee made their sparkling debuts.

As an annual large culture activity, the English Culture Festival is held mainly by the Students' Union and Dean's Office. They all put much effort on registering, event planning, publicity, programming, stage effects, costumes, rehearsal as well as event review.

Apart from the routine ritual of taking international famous holiday as the theme of the English Culture Festival, the "English Karaoke Competition" and "Christmas Performance" both require participants using English

as the major language. Furthermore, every performance shall be created and preformed by students from the same class.

During over two months from 20 October, 2015 to 24 December, 2015, six



recreational and competitive activities were held in accordance with students' interests and hobbies with a total number of more than 250 participants. 34 prizes were awarded totally, including top 8 finalists received 1st, 2nd and 3rd places in English Karaoke Competition accordingly; 10 teams won "Halloween Little Demon Award" in Halloween Costume Party; and 16 performances got 1st, 2nd and 3rd places and the best participation awards accordingly in Christmas Celebration. In sum, nearly 100 students won the prizes in this year's English Culture Festival.

The 13<sup>th</sup>Telfort English Culture Festival has concluded successfully. The cultural and arts exchanges among teachers and fellow students from all over the world brought happiness to all participants, and enhanced their friendships as well. We all hope to gather together in the next year!





## 泰尔弗第六届趣味运动节

由学院举办的第六届趣味运动节于2016年5月25日在运动场顺利闭幕。本届趣味运动节共设置了篮球、投篮、羽毛 球、趣味三项、三人绑腿跑、拔河等五大类八个项目的比赛。在校学生会和全体老师的精心筹备和组织下、从4月6日起 由各班级自行组织报名,通过为期一个多月的时间,共有210余名学生和教师参加了各个项目的比赛。

在比赛中无论是运动团队或个人单项,大家都积极表现了自己最强的竞技水平,同时也表现了相互尊重、相互学 习的友好精神。紧张激烈、妙趣横生、欢声笑语是本届运动节各项比赛过程中带给观众最多的场景。

运动带给大家健康、运动带给大家欢乐,本届运动节所取得的成绩已充分体现了学院每年举办趣味运动节的宗 旨: 我运动、我健康、我快乐!

#### 泰尔弗第六届运动节比赛获奖名单 The Rewards of the 6<sup>th</sup> Annual Telfort Sports Festival

#### 趣味三项比赛

· First Prize

袁小婷 Alina —Rope Skipping

周悦 Shadow — Rocket The Ping Pang Ball

陈雨娇 Flora —Kicking Shuttlecock

· Second Prize

印雪祺 Vico —Rope Skipping

马思鸿 Jane — Rocket The Ping Pang Ball

齐彦佳 Helen —Kicking Shuttlecock

·Third Prize

王陆婷 Lisa —Rope Skipping

林易凡 Eric — Rocket The Ping Pang Ball

梁思飖 Kero —Kicking Shuttlecock

#### 趣味三项比赛 (个人单项)

Rewards of Fun Triathlon Competition (Individual Awards)

跳绳 Rope Skipping 曹洋 Young

颠乒乓球 Rocket The Ping Pang Bal 林易凡 Eric

三人绑腿跑比赛

Rewards of 4 legged Race Competition

踢毽子 Kicking Shuttlecock 齐彦佳 Helen

· First Prize

· Second Prize

·Third Prize

路易 Lu 孙梦娅 Joanna•丁晓武 Alvin

郑黎波Echo 李一鸣 Tyler 郝达 Daley

梁思飖 Kero林易凡 Eric石志豪 Steven

Rewards of the Tug-of war Competition

• First Prize # 201404

• Second Prize #201403

• Third Prize #201503

男子投篮比赛 (3分球)

Rewards of Basketball Shooting Competition (3-Point Male)

• First Prize #201501 刘逸涛 Bob

•Second Prize # 201403 路易 Lu

• Second Prize #201502 祁源 Frozen

女子投篮比赛 (2分球)

Rewards of Basketball Shooting Competition (2-Point Female)

• First Prize # 201401 周静 Vera

•Second Prize # 201402 金梦瑶 Jin

•Second Prize #201503 张佳宁 Orihara Izasaki

羽毛球比赛分组 (女子组)

Badminton Competition (Female)

•Third Prize #20160 邓浣 Yvonne

• First Prize # 201402 金梦瑶 Jin

• First Prize # 201401 曹洋 Young

• Second Prize # PMP 齐彦佳 Helen

羽毛球比賽分组 (男子组)

Badminton Competition (Male)

• Second Prize #201505 谢文渊 Jordon

•Third Prize #201501 梁思飙 Kero

# The 6<sup>th</sup> Telfort Interesting Sports Meeting

The 6<sup>th</sup> Interesting Sports Meeting completed successfully on 25th May, 2016 in the playing fields in the institute. Five categories with eight events such as basketball, basketball shooting, badminton, three funny activities, three-legged race, and tug of war were held. Under the sufficient preparation and arrangement of teachers and students in the Student Union,









More than 210 students and teachers have engaged in the competition with over one-month enrolment period starting from 6<sup>th</sup> April. Participants have actively demonstrated their high competitiveness both in the team sports and individual ones. At the same time, mutual respect and mutual learning emerged everywhere. What impressed us the most was not only the intense competition but also the cheers and the laughs of players and audience.

Sports do bring us health and happiness. The results we achieved in this sports meeting gave full expression to the purpose of Telfort Interesting Sports Meeting every year: To Exercise, To keep Healthy, and To pursue Happiness!





### 挑战自我毅力, 发挥团队精神

#### 记2014级学生户外拓展训练日

拓展训练(Outward bound),原意为一艘小船驶离平静的港湾,义无反顾地投向未知的旅程,去迎接一次次挑战,去战胜一个个困难。户外拓展训练课程以培养合作意识与进取精神为宗旨,崇尚自然与环保。通过创意独特的专业户外体验式培训课程,激发成员的潜力,增加团队活力、创造力和凝聚力。

为了培养和锻炼学生在未来的职业发展中面对困难能积极进取勇于挑战,同时具备良好的团队合作精神,学院职业规划部于5月11日,组织了2014级全体学生赴上海辰山植物园开展大学生户外拓展训练活动。本次活动共举行了三个团体项目:团队重组、鼓动人心、极速六十秒。通过各项活动的特性和要求,不仅让学生享受了活动带给自己的乐趣,更重要的是通过活动传导给学生:要完成一项任务不仅需要自己坚持不懈的努力,更需要有良好的团队合作精神和队友之间的信任。

本次学生户外拓展训练活动是对在校学生职业能力培养规划之一。活动结束后,不少同学意犹未尽,表示希望学院利用课余时间能更多的组织大家走向企业,走向社会,走向大自然。因为活动不仅让自己体验了团队协作在生活和学习中的重要性,同时对自己未来的生活态度和职业能力也有新的认识和提高。









## Perseverance, Challenges and Team Spirit!

#### —The Class of 2014 Outward bound expeditions

Outward bound, originally means that a boat goes away from the harbor, heading into the unknown future that is filled with challenges and difficulties. But today, outward bound refers to educational expeditions which are designed true to the beliefs and goals: to cultivate team oriented spirits, enterprising spirits, and to advocate measures of nature conservation and environmental protections. The innovative programs integrate intensive experience and skill-building into the fabric of education. And this approach to teaching and learning helps participates to discover their potential talents and thus, increases team resilience, creativeness, and cohesiveness.



The outward bound is a part of the students' skill-building plan. Students are yearning for more expeditions of this kind. They also expect college to organize more extra-curriculum activities that help them to go out of the campus and get into the enterprises, society, and nature. Students believe those kinds of activities give them the opportunities to experience the importance of the teamwork in study and life. In the meanwhile, students get new ideas about the future life and career.



Organized by the Students' Career-services Division of the college, the outward bound for all students of the class of 2014 was held on May 11th in Shanghai Chenshan Botanical Garden with the aim of cultivating students' team oriented spirits and enterprising spirits so as to help them face up to the challenges that they may encounter in their future studies and careers. Three team activities were specially designed for the outward bound that day: Team Restructuring, Mind Inspiring, and Amazing 60 seconds. Each activity is unique and different since there are different specifications and requirements. Students who participated were not only getting fun out of those activities, but also taking away important ideas: Accomplishing one task reguires both individual and collective efforts. Team members must trust that their teammates are competent and can successfully complete the tasks relevant to the team's success.



## 2015届毕业典礼

### **The 2015 Graduation Ceremony**



优秀毕业生合照 Honor Diploma Students



教务长为优秀毕业生颁发《荣誉毕业证书》 Telfort Education Director issue the Honor Diploma



泰尔弗教育集团董事长杨柏发言 Mr. Brain Yang-CEO Of Telfort Education Group



上海应用技术大学国际交流处处长张赟彬发言 Mr .Zhang Yun Bin The Executive Direction Of Internation Dept. of SIT

## 毕业合影 Graduation Photograph



#### 优秀毕业生发言

#### Speech By Honor Graduation Student

非常荣幸能够代表全体同学在毕业盛典上发言。首先请允许我代表大家向我们的父母亲表示感谢,感谢他们给予我们生活和学习上的关爱与支持!同时也向各位亲朋好友表达感谢,感谢他们一直以来给予我们的鼓励和帮助!此时此刻我们要特别感谢学校老师,是你们的传道授业解惑使我们学到了知识增加了才能,对我们而言你们既是良师,又是益友!我还要感谢我的同班同学,感谢你们三年来的陪伴与信任,我会珍惜我们曾经一起度过的岁月,我们的友情永远不会变!

在泰尔弗三年的学习时间里,我们一起经历过许多,有欢笑与幽默,有悲伤与挫折,想起来回忆满满;我们曾经在课堂里相互交流,课堂外互相谈心,时光映衬出我们的身影;趣味体育节,万圣节游园会,卡拉OK比赛,圣诞晚会演出---,我们的欢笑声回响在校园上空;我们一起出入食堂、操场、图书馆、宿舍,我们曾经留下的足迹将引领我们继续向前!

泰尔弗三年的学习,让我们的社交圈拓展了,知识面更宽了,信心增强了,压力减轻了。我相信:未来的我们无论是出国继续深造,还是踏上工作岗位,我们都会带着自信在实现各自梦想的道路上不懈努力!

It is a great honor to be here as a student representative to give the speech at the graduation ceremony. First of all, on behave of all graduates, please allow me to express our sincere gratitude to our parents for their supports and help to our study and life. Gratitude should also be given to our friends for their encouragement all along the way. Our deepest thanks goes to our teachers. It is your academic instruction that helps us become knowledgeable and talented. For us, you are not only great teachers, you are friends, mentors, and guides. Of course, we cannot forget our classmates. Thank you for being the closest companion and giving



all-out support in the past three years. I will cherish the time we spent together, and our friend-ship lasts forever.

We have been through a lot in the past three years at Telfort. We've gone through many ups and downs together. We used to discuss study cases in class. After class, we had a heart-to-heart talk about each other. Time witnesses our improvements in the Telfort. Interesting Sports Meeting, Halloween Party, Karaoke Competition and Christmas Party were all echoed with our laughter. We had been to the campus canteen, playground, library and dormitories together, and what we've achieved in Telfort will surly lead us forward!

The three-year study at Telfort improved my social life, broadened my knowledge, enhanced my confidence and relieved my stress. I believe that no matter what we choose, studying abroad or getting a job, we will endeavor unremittingly and confidently to make our dreams come true!

优秀毕业生:马思鸿

Honor Graduation Student :Jane Ma

## 游学生活

## 2015英国格拉斯哥肯尼多利亚大学游学集锦

The Photo Of Experiencing British university in 2015





















2015年夏天,我们师生一行12人踏上了为期三周的英国格拉斯哥 肯尼多利亚大学游学之旅。21天的异国学习生活,这对我和同学们而言都是新鲜又刺激。

当我们踏上苏格兰土地的那一刻,大家还是晕晕乎乎的,但是新鲜的空气,干净的马路,古朴的建筑,金发碧眼的老外,瞬间让大家疲惫散去。考虑到我们舟车劳顿,一下飞机校方就安排我们入住学生公寓,英国的学生宿舍与国内的条件有所不同,几乎都是单人房,每层楼面都有两个卫生间,两个淋浴间,一个大厨房,各项设备一应俱全,这让一路担心住宿条件是否会不适应的同学们松了口气。

英国格拉斯哥肯尼多利大学地理位置很好,穿过校园就是交通枢纽,有开往英国各大城市的长途巴士,穿过枢纽站就是格拉斯哥的市中心,餐饮,购物在此处一应俱全。在英国,只有超市和酒吧营业时间比较晚,基本上所有商店在6点以后都会结束营业,这点上与我们国内的商业场所很不同。

此次游学分为两大部分,前两周以课程为主,最后一周是旅游观光。两周的课程内容让学生真切的体验了一把英国留学的感受,从小组讨论,资料搜集,论文撰写,演讲汇报,到最终的新闻播报,都是以最专业的标准来要求学生,从起初的面露难色,到挑灯夜战埋头苦干,再到最后站在台上自信满满的演讲,我们能感觉到学生所散发出来的自豪感。这是他们向未来的留学生活又迈近一步的象征。

两周的游学课程让大家收获丰盈,课堂外,大家的友谊也是迅速的递增。在英国的3周里,饮食对于我们这些中国胃来说是最难适应的。每天下午放学,最热闹的聚集地就是厨房,叶诚同学变着花样为大家做好吃的,有时候食堂的菜不好吃,他们也不浪费,拿回宿舍厨房,用中式的调味料重新加工,又变成了大家美美的一餐。三周的游学生活影响这大家的一言一行,在公共场合说话声音变小了,每次上课出行集合时间变得准时了,待人接物更有礼貌了,懂得牺牲放弃自己利益去顾全大局了,所有负责教学和活动的外教都一致给我们好评.游学在英国的每一天,学生都在切身感受中西方文化的差异,相信这些感受会为他们将来的留学生活打下很好的基础。

In the summer of 2015, together with other 11 students and teachers started our three-week studying journey in Glasgow Caledonian University in UK. The 21-day exotic school life made us feel exited and hilarious.

Till the moment the plane was landed in Scotland, We still felt a little bit dizzy. However, the fresh air, the clean streets, the ancient architectures and the blonde foreigners dissipated our fatigues suddenly. The host university arranged us to rest in the student dormitory after the long haul flight. The British dormitories are quite different from those of in China. In a typical British dormitories, a single room is for one person only. Each floor of the building is equipped with two public bathrooms, two showering spaces, and a big public kitchen where all appliances are set up. The well-managed accommodation made students who were worried about the living conditions felt relieved.

The university enjoys a great location. The transportation hub is located from across the campus, and the intercity buses are heading to every major city in UK. The downtown of Glasgow is near the transportation hub. In the downtown, you can easily find an ideal place for catering and shopping. In UK, the closing time for most of the stores is round 6 p.m. except for the supermarkets and bars. Thus, the business time for commercial stores is totally different from those of domestically.

The time we spent here can be divided into two parts. The first two weeks are mainly the lecturing, and the last week is scheduled for sightseeing. The first part gave the students the real experience of studying in UK by taking courses at the university. And they were requested by the highest professional standards to complete the tasks which included group discussion, data collection, thesis writing, presentation and the final news broadcasting. Although they had troubles at first, they did presentations confidently in the end to present the result of their hard work. We could feel there were pride of themselves. All these experiences have helped them more prepared towards their future life abroad.

The three-week study and life in UK was fruitful to each of us, and the friendship also strengthened the bond between us. Perhaps the most challenging thing for us during the three-week stay in UK was to get used to the food. When the class was over, the public kitchen was always the most bustling place. YE Cheng, one of the students, was always trying to make delicious food for everyone. And if the food in canteen was not that nice, instead throwing it away, they brought it back to the kitchen, and made it a great meal with Chinese seasonings.

The three-week studying journey has a good impact on each of us. For instance, we get used to keeping our voice down in public, attending the class on time, being polite to others, and having the awareness of sacrificing our own interests for the sake of collective interests. We were given high praises by all foreign teachers in charge of teaching and extracurricular activities. Students experienced the difference between China and UK, which I believe, would help them get on the right foot for their future study and life abroad.

徐蕾 Fiona Xu

带队教师/Team Leader Teacher

#### 游学生活

这是我第一次去英国游学,对于我来说,内心既兴奋又紧张。兴奋是因为终于可以去感受下被一群古建筑包围着的城市气息;紧张是因为去那里要上2个星期的专业课。在我看来,提前感受下日不落帝国的学习氛围对以后的留学有帮助,但心中不免还是紧张了一下。坐了19个小时的飞机,终于踏上了英国这块土地,这次的目的地是苏格兰。

走出格拉斯哥机场。唯一的感受是"冷"。7月的苏格兰竟然和3月的上海一样冷。坐上大巴,沿途有着和上海不同的 大片土地和美丽的乡村风光,深深吸引了我们的眼球。大约半个小时后到了宿舍,我们大家整理了自己的东西,和同行 的朋友聊聊天,这就是我在英国的day1吧。

在接下来的两个礼拜就是study week了,上课第一天,给我们上课的教授就给了我们一个"下马威",令我印象最深刻就是第一次演讲和小组projects: 让我们当堂做一个关于品牌发展的演讲,以小组为单位。幸好当时临近午饭时间,所以他把演讲挪到下午。我们组决定派我去,老师就给了我一个框架,讲了讲思路让我自己想。我当时超崩溃,第一次在这么短时间准备presentation,所以在下午的演讲中超级紧张!

我们在学习过程中教授还让我们写一篇500字的essay并做presentation以及做一份关于Glasgow的poster。我们小组通过泡图书馆,整理资料,各种讨论后终于完成了那篇essay和PPT,并且在演讲中居然还拿了第一名。听我们演讲的那位教授给我们每人一张10磅的购物卡,真的是太nice了。看见最终的成绩大家都很开心,但是这其中的辛酸泪只有我们自己知道。在这之后做poster的过程中,也是我人生中第一次去街头采访。一开始采访的几个英国老太,他们都用着非常戒备和奇怪的眼光看着我们,并且拒绝回答我们的问题:好在最后John Lewis里的几个店员对我们的态度比较好,而且超级认真的回答我们的问题。我真的太感谢Dr. Xiang没让我们去伦敦街头做采访而是在Glasgow的步行街上。

其实在2个礼拜的学习中,学校趁着周末也带我们出去玩了。我们去了爱丁堡,苏格兰的高地等等。当我们爬上高地,那里的风景真的美的不像话,空气也是无比无比的清新,就是太冷了。爱丁堡真的是非常非常古老,走在路上犹如穿梭在中世纪风情的街上。

在接下来的一个礼拜我们从苏格兰玩到英格兰,去拜访了著名的湖区——温德米尔湖,在湖边喂喂天鹅;在著名的牛津走了走感受到了浓厚的学术氛围以及轻松的生活气息,看到了城中的叹息,桥,美丽又庄严的神学院;感叹大英博物馆中的文物如此之多,而且更重要的是保存地很完整。总的来说,这次的英国之行,我收获颇丰。



It was my first time studying abroad in United Kingdom. I felt excited and nervous. Specifically, being exposed to the atmosphere of a modern city integrated with historical architectures makes me feel excited, and attending academic courses for two weeks makes me feel nervous. From my perspective, it is useful for me to experience in advance the study life in UK for my future study. However, I cannot help but feel nervous. After the nineteen-hour flight, the plane was landed and I arrived at Scotland.

Walking out of the Glasgow airport, I felt nothing but the freezing air all around me. The temperature in July there was as the same cold as the temperature for Shanghai in March. I couldn't help but think that "was it Britain's hottest summer ever recorded? "When I was riding on the coach, I enjoyed the landscape of countryside. The terrains is completely different compared to Shanghai. After half an hour, I arrived at the dormitory. I managed my luggage and chatted with friends. That was my first day in UK.

In the following two study weeks, I attended courses among which a presentation and a group project left a deep impression on me. The first day for the courses in Glasgow Caledonian University, the professor gave us an unexpected assignment, asking us to deliver a speech about brand development as a group. As lunch break was approaching, he postponed the speech till the class in the afternoon. I was the speak man of my group. The professor gave me an outline of the speech and asked me to prepare the content. I was almost freak out at that time because the limited preparation time for a formal public speech, and I felt really nervous during the presentation!

We were asked to write a 500-word essay, then present it at class, and make a poster about Glasgow as groups. We spent great amount of time in the library seeking reference materials, and discussing on those assignments. And eventually, we finished the essay and slides. We got the highest scores for our presentation. The prize was the shopping coupons having a value of 10 pounds. It's nice, isn't? Everyone was happy for what we achieved and only we know how hard we worked. I interviewed people for the first time in my life for the preparation of the poster. My interviewees were several old ladies. They looked at us in a careful and cautious way, and refused to answer our questions. Finally, we met several shop assistants in John Lewis who were nice to us. They answered all the questions careful. I shall appreciate Dr. Xiang for not making us interview people on London's streets instead of doing so on Glasgow's streets.

During the weekend, the school organized us to travel to Edinburg, Scottish highlands and so on so forth. The view at the top of Scottish highlands was gorgeous beyond words. The air was fresh. But it's too cold. Edinburg is indeed a historic city where you could have a sense of walking through medieval streets and neighborhoods.

We visited Lake Windermere, a famous lake in England in the following week. We fed swans, walked on the famous oxford street, and experienced the strong academic atmosphere along with the rich flavor of life there. Also, we visited Bridge of Sighs in the city, and Faculty of Theology. We were amazed at the ancestral remains in British Museum. And most importantly, they are being extremely well preserved. In conclusion, I reaped a rich harvest from my study in UK.

陈思玥 Carrie Chen 2014级学生 Class 2014

卡迪夫大学没有其它首府城市的高调与堂皇,但是它的友好与温馨吸引着来自世界各地的人们来这里学习工作或居住,因此这个南威尔士海湾成为了一个具有多元化和国际化的社区。

我在这里学习生活而结识到来自各个国家的朋友,生活而变得异常丰富多彩。 跟着来自西班牙、波兰、印度的housemates去参加各种party,体会到了西班牙人的热情, 波兰人的疯狂,和印度人的温婉,还认识了更多来自其他国家的朋友。不仅如此,还品尝 到他们亲手烹制的传统美食,也是一大绝美的收获。在这里和每一个朋友交往都能成为一 段有趣故事,在这里是难以叙述的。社交能让我在繁重的学业中得到一丝喘息的机会,给 予学商科的我增添了丰富的信息与灵感。在学习方面,卡迪夫大学有着英国数一数二的师

资力量,就商科而言,在各个领域都能给学生提供高质量的教学,包括市场、财会、人力、物流等等。每年还有三次tutor meeting每个人都会有自己的导师来对你的学习和生活提供一对一的帮助.卡迪夫是一个无论在学习还是在生活方面都能给所有的在校学生提供良好平台的地方。



Cardiff University is not as splendid and gorgeous as other capital cities, but her warm and sweet attracts people from all over the world to study and work here. Therefore, the south Wales gulf changes into a diverse and international community.

My life here becomes extraordinarily colorful by meeting friends from different countries.

I came to various parties with my housemates who are from Spain, Poland and India. From them, I experienced enthusiasm from the Spanish, craze form the Polish, and gentility form the



Indian. I also met with many friends from other countries. Moreover, it's really an enjoyment to have the traditional cuisines made by themselves. Every friend I've met could be an interesting story. Hundreds of words could hardly describe it. In short, socializing gives me a breathing space from the heavy academic studies, and also provides me with first-hand information and inspiration.

In terms of study, Cardiff University embodies with top faculties in the UK. As for the department of business, every field could provide high-quality teaching for students, including marketing, finance and ac-

counting, logistics, etc.. The tutor meeting which is held three times a year offers one-on-one help for our learning and living here.

In a word, Cardiff University offers a good platform for students to both study and live in the UK.

程维清 Johnson Cheng 英国卡迪夫大学 Cardiff University.UK

## 留学生活

#### 关于食物

说起在英国留学的感受,第一个让我不得不吐槽一番的便是 英国"美食"。除了你们知道的英国人引以为豪的传统英国美食fish and chips (炸鱼薯条),英国最骄傲的估计是他们的黑暗料理?!

当你入住一家家庭式旅馆,如果主人热情的给你包了餐并问你要不要full English breakfast(全英早),请不要太欢乐。这道大餐里面就存在着英国的黑暗料理之一"black pudding"(黑布丁)。虽然叫布丁但是它和你以往吃到的甜甜滑溜溜的口感有着天壤之别。黑布丁是一种用猪血混合燕麦粉(有时是玉米粉)制成的香肠,然后切片煎制而成,吃起来粉粉的。不过,它在英国黑暗料理界的地位,只是一个小喽啰而已,其他等你自己来感受吧(邪恶脸)!

英国的食物除了黑暗以为还以高热量高卡路里高糖分取胜,如果你要在英国长时间生活,又不注意控制饮食和经常锻炼的话,恭喜你,你的体重会有你想不到的飞跃哦。

#### 英国的天气

虽然大家一直听说英国是一个常年多雨的国家,可能上一秒大太阳下一秒就下雨了(事实),尤其是在伦敦,但是雨伞这东西在英国并不推荐使用。反而雨披或者是防雨的风衣等等比较好用,因为英国也是个常年被大风眷顾的地方。照理说这种常年下雨的地方应该很湿润? 那你就错啦!特别是女生的感受会比较明显。皮肤干的起皮要是前一天不敷面膜第二天真的很难上妆(抓狂)。所以这边大部分的女生都会在房间配置加湿器,面膜几乎是天天敷的。说到面膜给女生们提个醒,英国木有纸质面膜哦~

#### 英国学习

既然是留学体验不说一说关于学习总说不过去吧。哈哈,那我就来说学校的假期吧!我知道你们想知道这个。虽然每个学校的假期长短会有略微的不同,但是所有的英国大学都会有三个假期,暑假寒假和春假。暑假一般为期3-4个月,寒假1个月,春假2周。所以算一算在学校读书的日子真的没有多少。作为一个积极向上的好学姐,你们以为我是为了告诉你们英国学习很轻松?NO!NO!NO!告诉你们这些当然是为了让你们抓紧在学校的上课时光好好学习啦!在英国上大学一般不会有很多平时作业,那其实是为了让学生们可以充分的准备期中期末的论文用达!所以千万别把6,7篇论文都压缩到最后2天写完,如果你一定要尝试,结局肯定是惨痛的。



#### 关于语言

Presessional class(语言班)是英国很多学校提供给雅思分数没有达到学校要求的学生的一个提前的语言进修,但是个人觉得,如果有条件,就算雅思分数达标的同学也可以来学习一下,因为语言班会提供一些关于进入学校以后如何查找学校资料,如何写英国大学论文的课程,这些是国内的雅思考试准备不会教给你的。当然,如果你的英语水平是雅思7分以上,那就不要考虑以上啦,轻轻松松的等正式开学就好~

最后有一个大家经常困扰的问题,如果外国朋友和打招呼say: How are you? 或者 Are you alright? 该怎么回答呢? 1因为此句问候相当于中文--你好,所以可以简单的回答 fine, good or fantastic。 2如果想要把对话进行下去,可以先说一下当心感受,然后聊一下刚才做了什么或者今天碰到了什么事。 3最简单粗暴的方法是,看到外国朋友你先发制人 say: How are you? 就避免了不知道怎么回答的尴尬啦~ 祝你成功哦~哈哈~最后,作为在英国留学的前辈,希望你们抱着激动愉悦的心情来英国留学,感受这里的文化,享受这里的生活,并能在这里闯出自己的一片小天地! welcome to UK!

沈梦溪 英国谢菲尔德哈勒姆大学 2+2 酒店商务管理专业

#### British food

Speaking of studying abroad in the Britain, the first thing I want to bitch about is the "yummy" British food. Except for the well-known fish and chips, a traditional dish that British people are proud of, street food may be the proudest cuisine they've ever had.

If by any chance you live in a guesthouse and when the house owner kindly offers you free meals and asks whether or not you would like to have a full English breakfast, please don't feel too exhilarated. Because a full English breakfast in general includes "black pudding"— a typical British street food. Although it is called puddling, it isn't tasted like normal sweet and smooth pudding. Black pudding is a type of blood sausage made from pork blood mixed with oatmeal, sometime with grits. Black pudding is often cut into pieces, then grilled or fried. It tastes chewy. However, black pudding is just one of many street food you can have in Britain. As for the other food, you can experience them yourself. (Evil face)! British food also is high in calories and sugar. If you stay in Britain for quite a long time without properly controlling on your daily diet and regular workout, it is highly possible to gain weight faster than you expect. "Congrats"! British weather

Although we've always heard that the Britain is a country that is rainy all year, and it is true that the weather in Britain, especially in London, is so changeable that it can be raining right after a second of sunshine. Instead of umbrella, rain jackets or waterproof coats are much more flexible in rainy days because of the windy weather in Britain. Generally speaking, a country which is rainy all year should also be humid all year round. But it is not the case in Britain. For girls, they may feel strongly about it when their skin dries out quickly and begins to peel off. And it is hard to make up without having a facial mask one night before (Crazy face). Thus, most of the girls here buy a humidifier and have a facial mask every day. Speaking of facial masks, I have to remind that no facial mask is sold in Britain.

Since I am writing this article for summarizing my experience of studying abroad, I think it isn't appropriate without mentioning study life in the British school. Well to begin with, I would like to talk about the school breaks that, in my opinions, everyone is interested to know about. Although different school has different schedules, almost all British universities shall have three school breaks for each semester, namely, Summer-break, Winter-break and Spring-break. Summer-break usually lasts for three to four months, Winter-break lasts for one month, and Spring-break has two weeks. So the number of school days is not as many as you expect. As a hardworking senior student in the school, I think the short period of teaching and exams doesn't mean studying here is without pressure. On the contrary, my purpose of briefing you about the school breaks is that I hope the future students who are going to study in Britain can cherish the school days and make good use of every minute in studying. Students here usually don't have many after-class assignments because we are expected to spend time in preparing the final essays at the end of semester! Thus, I suggest you do not leave six or seven essays on difficult topics until the last minute. Otherwise, the final result would be an awful.

#### The language

Pre-sessional course is offered by the British schools to students who haven't met the IELTS requirements. Personally speaking, it's worth taking this course even for those who already got the required band score of IELTS. And this is because this course teaches you how to look for useful information for a research paper, how to write an essay in British university and so on so forth. Those things mentioned above are not taught during our preparation for the IELTS exams in China. For those who already got an overall band score of 7 or higher in IELTS, I think pre-sessional course isn't necessary. My advice for them is that try to be chill and waiting for the new semester to begin.

Finally, there is a problem that is often asked. And it is that if foreign friends say in greeting: "how are you?" or "are you all alright?" how do you reply? 1. As these greetings are equivalent to "Hello or Hi"" in Chinese, you can simply say: fine, good or fantastic as the reply. 2. If you would like to keep this conversation going, then you could talk about your feeling at that moment, and what did you do before, and things that you'd come across. 3. A way to avoid feeling awkward when not knowing how to reply or keep this conversation going is to say "how are you today?" before being asked. May you succeed!

Last but not least, as a senior student studying in Britain, I hope future students all feel thrilled to be studying in Britain and to be experiencing the British culture. I hope you all enjoy your life and carve out a niche of your own in Britain. Welcome to the United Kingdom!

Cissie Shen

Sheffield Hallam University UK

2+2 Hospitality Business Management With CHLINARY ARTS

经历了三年的留学生活、最大的感受是来自于学业以及生活上的挑战。

和许多留学在外的同学一样,学习应该是我们的首要任务。国外的学习其实大部分的时间是靠自习,导师或者讲师每周或者每学期都会给你阅读目标,而考试与论文的重点就在其中。一开始对于习惯育教师课堂教学为主的的我们并不是很适应这样的教学方式,但是经过一段时间的学习之后,我感受到这样的学习方式反而能更好促进我去学习自己想要了解的知识点, 这也是培养我们自学能力,提高兴趣爱好的好环境。

除了学习之外,其次就是生活能力的挑战。留学生活教会了我怎样丰富自己的业余生活,如何照顾自己的衣食起居,以及享受生活的状态。所以我非常感谢这三年的留学生活,因为这是我青春年华中难以忘怀的时光。

My three-year studying abroad experience brought many challenges to my study and life.

As many other students pursuing study abroad, I put the school work as my top priority. During the semester, I spent lots of time learning on my own by reading the weekly lecture materials or doing assignments of which the questions might be asked in the final exams or papers. For those who get used to the traditional way of education in China, they might need some time to adapt how teachers instruct students here. For my perspective, to cultivate students' abilities to learn independently really encourages students to explore the knowledge combined with their individual interests. And thus I found that studying abroad provided me with a benign environment for cultivating my independence thinking and pursuing knowledge that interests me.



Apart from studying, my life skills were also improved. Living abroad teaches me how to make the most out of life, how to take care of myself well and how to improve the quality of life. Therefore, I cherished the opportunity of studying abroad for three years and I found myself blessed to have experienced once in my lifetime.

王一 Dream Wang 英国纽卡斯尔大学 3+1+1 Newcastle University UK Culture Education (文化教育) 现任麦肯锡人力资源部 来到英国快一年了。回想起刚到英国时的手忙脚乱,现在我可以自信的说已经应对自如,习以为常了。刚到诺大时最大的困难对于我而言无疑还是语

言。即使在国内已经接受了两年的全外教授课,已经具备一定的英语交流能力但对于夹杂着各种口音的英语。随着时间的推移,在生活和学习中接触的人多了,开始熟悉他们的各种发音。其次,就是英国学校注重独立思考和分析能力的考验。不管在lecture或者seminar,教授总是以培养我们自己去阅读、讨论和理解。教授很少会直接阐述哪些是我们应该理解的。在英国一年的体会就是所有事情都必须自己去面对处理。我非常感谢在泰尔弗两年的学

习生活让我可以快速的融入到英国的学习环境中。

It has been almost a year since I came to UK. You know, I was in a spin over the arrangements for new life when I just arrived in UK. But now I've got used to living here.

By that time, the biggest challenge for me was to speaking and studying in English. Although I had attended language classes taught by foreign teachers for two years in China, it was still difficult for me to get every English word in different accents. But gradually, I began to get familiar with different accents after getting to know more and more students in the campus.

Universities in UK focus on cultivating students the abilities of independent thinking and analysing. Professors for lectures or seminars always encourage students to read class



materials and solve the problems of the lecture material through discussions and further reading. They seldom directly tell students what they need to understand or not. The most important thing I learned in this year is that I need to rely on myself in life rather than other people. At the end, I'd like to express my gratitude to Telfort, the two-year school life in Telfort really helped me quickly adapt to the study and life in UK.

张白坚 Jack Zhang 英国诺森比亚大学 Northumbria University

#### 留学生活

不知不觉来到波士顿已经有一年半了。比起刚到美国时的懵懵懂懂,以及因为文化差别而引起的一系列囧事,如今的我已经不知不觉地融入美国文化之中。刚到东北大学的时候,说实话,着实被美国的教育器材和授课方式给震撼到了。在这里,学校给学生们提供一些列最高端的科技,以便求学需要。单单一个图书馆就够我夸很久了,无论是图书管理员给你的帮助,还是一系列硬件设施,大到一整层的苹果一体机,配备全面的各种自习室;小到打印机、扫描机等等,让人真的不禁感叹:学生真是祖国的花朵啊!为了培养人才,不惜一切代价!美国的教育方式也很特别,教授常常都是结合自己以往的工作经验来授课,并且和同学们的互动也很多。在这里,只要你有想法,都可以大声说出来,课堂上没有对错,只有有价值的辩论。另外,美国的老师不像国内,天天追着你屁股后面催作业,督促你学习。在这里,一切靠自觉,老师不会强迫你去看书,但是如果你想真正学好,学到东西,就得自己去挖掘。很多时候,为了完成一篇essay,需要翻阅几十份资料,有时候甚至需要亲身经历,去做

一些采访,收集一手资料。印象最深的一个小组作业是大家一起想一个广告,模拟广告经营商,从点子到实施,拍一条真正的广告,为了这个作业,我竟自学了视频剪辑,当我们组做作品展示的时候,那一刻,满满的成就感就不言而喻了。

谈到生活,在美国学生最喜欢约的地方除了 图书馆就属健身房了。这种绿色健康的生活方 式让我感到浑身充满能量,蓄势待发。



I've been in Boston for one and a half years without noticing time pass. When I just arrived at the land of America, I experienced a lot of embarrassment. But now I've unwittingly integrated into American culture. To be honest, I was deeply shocked by the educational equipments and



teaching methods in America when I first came to Northeastern University. Students are provided with a series of advanced technology to meet the demand of study. Just the library could be praised for a long time. I appreciated the helps from the librarian, and I liked the hardware facilities, all-in-one Apple PCs which are occupied with the whole floor, equipped study rooms, printers and scanners, etc. I cannot help sighing that students are the blossom of this country! They train talents at all costs! The educational methods in America are also special. Professors give lectures using their previous working experience, and they interact with students a lot in the class. Furthermore, students should finish the homework on their own initiative. This is because, unlike teachers in China, teachers here won't supervise or force students to read the textbook. Students should explore by themselves if

they really want to learn the things. Most of the time, in order to finish an essay, students need to read dozens of reading materials, and even practice personally or make interviews with someone involved to get primary data. What impressed me most is the group work of making an advertisement. I've grasped the skill of making video clips by self-learning! It goes without saying that a sense of pride arouse when my production was displayed.

Speaking of daily life, my most favorite place, instead of the library, is the gym. The green and healthy life style makes me feel more energetic, and I'm well positioned to forge ahead.

浦杰 Franchessice Pu 美国东北大学 Northeastern University

# 朱家角古镇

— 2015级数媒艺术设计学生户外写生集锦 Nature Sketch by 2015 digital Arts Students















#### 学生作品





2015DA 陈恩泽 En Ze Chen







2013DA 胡心怡 Sare Hu







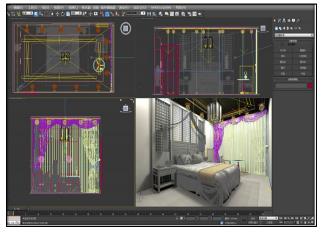
2013DA 金逸 Tim Jin



2013DA 许泽浩 Shawn Xu



2013DA 杨雪丽 Shirlay Yang

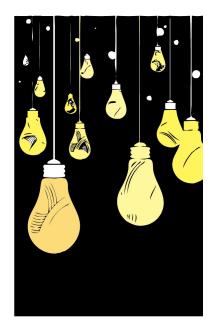


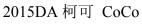






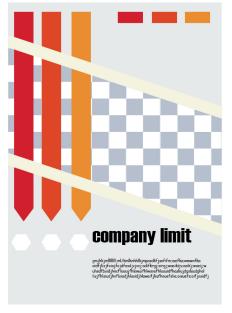
2013DA 朱宇斌 Erik Zhu



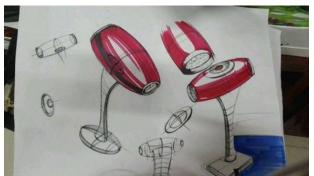


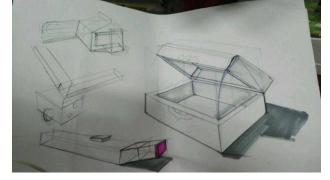


2015DA 王永 Willam Wang



2015DA 朱洁 Kassia Zhu





2013DA 刘浩宇 Jack Liu





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